


Digital photograph	
Full name	Stefano Negrini
Profession	Medical Doctor, Specialist in Physical and Rehabilitation Medicine
Actual professional positions	Associate Professor, University of Brescia, Italy Scientific Director, ISICO (Italian Scientific Spine Institute), Milan, Italy Scientific Referent, Care & Research Institute Don Gnocchi, Rovato (Bs), Italy Chief-Editor, European Journal of Physical and Rehabilitation Medicine President of SOSORT
Short biographical notes (300 words)	1988 Degree cum laude in Medicine 1991 Specialty cum laude in Physical & Rehabilitation Medicine 1991-1993 rehabilitation consulting of various institutions 1993 Assistant of the Orthopaedic Unit of the Vigevano Hospital 1994-2002 Assistant of the Scoliosis Unit and then Responsible of the Orthopaedic Section of the Care & Research Institute Don Carlo Gnocchi Foundation 1995-2007 host teacher of Schools of the Universities of Milan, Milan Bicocca and Turin 1997-2004 contract Professor of the Physiotherapy School, Medicine and Surgery Faculty, Universities of Brescia and then Milan Since 1991 teaches continuously in Educational courses (2-5 per year) for physicians, physiotherapists, orthotists, trainers 1999-2005 Responsible of four Finalized Project financed by Italian Health National Service 2006-2010 General Secretary of SOSORT 1995-2011 President of 1 International and 9 National Meetings, and Scientific Coordinator of 1 International and 1 National Associate Editor of: "BMC Musculoskeletal Disorders" since 2010 (Impact Factor 2010 1.941) "Prosthetics and Orthotics International" since 2011 (Impact Factor 2010 0.634) "Scoliosis" since 2006 Editorial Board of: "Disability and Rehabilitation" since 2006 (Impact Factor 2010

	<p>1.489)</p> <p>"Revista de Medicina Física e de Reabilitação" (Portoghese) since 2011</p> <p>"Fizikalna i rehabilitacijska medicina" (Croata) since 2011</p> <p>Peer reviewer of Pediatrics, European Spine Journal, Pediatric Rehabilitation, Spine, Spine Journal, Medical Monitor, Emergency Medicine, Archives of Physical Medicine and Rehabilitation, Journal of Rehabilitation Medicine, Medical Engineering and Physics, Ergonomics, Encyclopedia of Rehabilitation, American Journal of Physical Medicine and Rehabilitation, Disability & Rehabilitation</p>
Award received (Year, title of the scientific work, awarding institution)	<p>2011. . Best SOSORT Clinical Paper Award</p> <p>2011. . Best SOSORT Clinical Paper Award</p> <p>2009. Effectiveness of a complete conservative treatment of adolescent idiopathic scoliosis (bracing and exercises) based on SOSORT management criteria: results according to the SRS criteria for bracing studies. SOSORT Award</p> <p>2008. Exercises during brace weaning can reduce loss of correction in Adolescent Idiopathic Scoliosis (AIS) patients. SOSORT Award</p> <p>2007. Rehabilitation of adolescent idiopathic scoliosis: results of exercises and bracing according to a series of clinical studies. Europa Medicophysica - SIMFER Award</p> <p>2005. I movimenti segmentali del tronco durante il cammino nelle ragazze. ISICO Award</p> <p>2005. Ruolo degli esercizi per il trattamento della scoliosis idiopatica adolescenziale: una revisione sistematica. ISICO Award</p> <p>2003. L'esercizio fisico nel trattamento della scoliosi idiopatica dell'adolescenza: indicazioni e limiti. Premio Pais</p> <p>1999. The back pain board game: a new educational tool. Posters Honourable Mention of the International Society for the Study of the Lumbar Spine (ISSLS).</p>
Medline published papers (number)	113
Book chapters	137
Book	30
5 most important Medline papers (copy and paste reference from Medline)	<p>Backpack as a daily load for schoolchildren. Negrini S, Carabalona R, Sibilla P. Lancet. 1999 Dec 4;354(9194):1974.</p> <p>Exercises reduce the progression rate of adolescent idiopathic scoliosis: results of a comprehensive systematic review of the literature. Negrini S, Fusco C, Minozzi S, Atanasio S, Zaina F, Romano M. Disabil Rehabil. 2008;30(10):772-85. Review.</p> <p>Specific exercises reduce brace prescription in adolescent idiopathic scoliosis: a prospective controlled cohort study with worst-case analysis. Negrini S, Zaina F, Romano M, Negrini A, Parzini S. J Rehabil Med. 2008 Jun;40(6):451-5.</p>

[Braces for idiopathic scoliosis in adolescents.](#)

Negrini S, Minozzi S, Bettany-Saltikov J, Zaina F, Chockalingam N, Grivas TB, Kotwicki T, Maruyama T, Romano M, Vasiliadis ES. Cochrane Database Syst Rev. 2010 Jan 20;(1):CD006850. Review.

[Idiopathic scoliosis patients with curves more than 45 Cobb degrees refusing surgery can be effectively treated through bracing with curve improvements.](#)

Negrini S, Negrini F, Fusco C, Zaina F. Spine J. 2011 May;11(5):369-80. Epub 2011 Feb 2.