


Digital photograph	
Full name	Alessandra Negrini
Profession	Physical Therapist
Actual professional positions	Technical Director of the Unit situated in Vigevano (PV) of ISICO (Italian Scientific Spine Institute)
Short biographical notes (300 words)	<p><b>1987</b> Bachelor of Rehabilitation Therapist – University of Pavia</p> <p><b>2005</b> Degree in Physical Therapy – University of Pavia</p> <p>From <b>1998</b> member of the Scientific Secretariat of the Italian Group of Scoliosis and Spinal Diseases (GSS)</p> <p>Speaker in numerous national and international meetings and courses</p>
Award received (Year, title of the scientific work, awarding institution)	
Medline published papers (number)	11
Book chapters	7
Book	
5 most important Medline papers (copy and paste reference from Medline)	<p><a href="#">Adult scoliosis can be reduced through specific SEAS exercises: a case report.</a>  <b>Negrini A</b>, Parzini S, Negrini MG, Romano M, Atanasio S, Zaina F, Negrini S.  <b>Scoliosis</b>. 2008 Dec 16;3:20</p> <p><a href="#">Specific exercises performed in the period of brace weaning can avoid loss of correction in Adolescent Idiopathic Scoliosis (AIS) patients: Winner of SOSORT's 2008 Award for Best Clinical Paper.</a>  Zaina F, Negrini S, Atanasio S, Fusco C, Romano M, Negrini A.  <b>Scoliosis</b>. 2009 Apr 7;4:8.</p> <p><a href="#">Specific exercises reduce brace prescription in adolescent idiopathic scoliosis: a prospective controlled cohort study with worst-case analysis.</a>  Negrini S, Zaina F, Romano M, <b>Negrini A</b>, Parzini S.  <b>J Rehabil Med</b>. 2008 Jun;40(6):451-5.</p> <p><a href="#">End-growth results of bracing and exercises for adolescent idiopathic</a></p>

**scoliosis.** [Prospective worst-case analysis.](#)

Negrini S, Atanasio S, Zaina F, Romano M, Parzini S, **Negrini A.**  
Stud Health Technol Inform. 2008;135:395-408.

[Scientific Exercises Approach to Scoliosis \(SEAS\): efficacy,  
efficiency and innovation.](#)

Romano M, **Negrini A,** Parzini S, Negrini S.  
Stud Health Technol Inform. 2008;135:191-207.