

20 - 21 st August, 2016

# Scoliologic Schroth Best Practice

Course will be  
conducted in English

course **A**

Venue: P5-03 Graduate House, University Drive, University of Hong Kong

Instructor: Dr S Y Ng (Certified Schroth Best Practice Instructor)

## For Health Practitioners and Therapists only (2 days):

(Treatment performed and trained by the participants themselves without patients)

Date	Time	Lectures
20th Aug 2016	9:30 – 13:00	Conservative management of patients with spinal deformities – physiotherapy – braces – scientific evidence
	14:30 – 18:00	Physio-logic (Standing, sitting and while walking), Experiential learning session (Workout of curve patterns), Correction of the Activities of Daily Living (ADL) in standing and sitting, 3D-made-easy exercises + first ideas of Schroth.
21st Aug 2016	9:30 – 13:00	Indications, curve patterns, deformities of different etiologies
	14:30 – 18:00	Whole 1st Day program + First Schroth exercise, Whole program + 2nd. and 3rd. Schroth exercise, Whole program + 4th. and 5th. Schroth exercise, Examination.

**Course Charge :** HKD3,800 (HKD3,200 for registration before 31st May, 2016)

**Number of registrants :** Limited to 20

### Registration :

1. Please complete the registration form and send together with a crossed cheque payable to Hong Kong Chiropractic College Foundation to 11/fl Hong Kong China Tower, 8 Hennessy Road, Hong Kong.
  2. Bank in the registration fees to HSBC 652-096850-001 for the account of Hong Kong Chiropractic College Foundation and send a scanned copy of the receipt together with the registration form to cpdntalk@hkccfl.org.hk.
- NB. Registration can only be confirmed upon payment of the registration fees.

### Cancellations :

A cancellation fee of HKD500 will be charged for cancellations received at least 10 working days in advance of the event. No refund will be given for cancellation received less than 10 working days in advance.

### Enquires :

Please contact cpdntalk@hkccfl.org.hk or +852 3998 3222.

2016年8月20-21日

# 施羅特優化治療 運動課程

課程將以英語教授

課程 A

場地: 香港大學研究生堂P5-03室

導師: 吳澍仁脊醫 (認可的施羅特療法導師)

適合治療師及醫生 (兩天) - 訓練在沒有病人時進行。

日期	時間	課堂內容
2016年8月20日	9:30 – 13:00	脊柱畸形患者的保守治療 - 物理治療 - 支具 - 科學理據
	14:30 – 18:00	生理邏輯(站姿, 坐姿和步姿), 體驗式學習(針對不同曲線形態), 矯正日常生活活動的姿勢(坐姿, 站姿), 簡易三維運動及施羅特的理念。
2016年8月21日	9:30 – 13:00	適應症, 弧度形態, 畸形的原因
	14:30 – 18:00	第一天的整個程序 + 首個施羅特運動 整個程序 + 第二及第三個施羅特運動 整個程序 + 第四及第五個施羅特運動 考試

課程收費 : HKD3,800 (2016年5月31日前, HK\$3200)

名額 : 20人

報名 :

1. 請填妥以下的表格, 連支票寄香港灣仔軒尼詩道8-12號中港大廈11樓, 香港脊骨神經科醫學院基金收。(支票抬頭請寫香港脊骨神經科醫學院基金有限公司)。
2. 將支票存入滙豐銀行, 香港脊骨神經科醫學院基金; 賬號: 652-096850-001。然後將入數紙連登記表格電郵至 cpdntalk@hkccfl.org.hk

申請取消登記: 於開課前至少10個工作日提交取消申請, 將獲退款並扣取500港元手續費。若提交取消申請少於10個工作日, 將不獲退款。

查詢: 請電郵 cpdntalk@hkccfl.org.hk 或 致電 +852 3998 322

## Registration 報名表格

Name 姓名: \_\_\_\_\_

Address 地址: \_\_\_\_\_

Phone 電話: \_\_\_\_\_

E-mail 電郵: \_\_\_\_\_